



# South Paulding Junior & Middle School Registration

**COST (per child):**  
\$125 for One  
\$100 for Second  
\$75 for Third  
(only applies for true siblings)  
-includes T-Shirt

PLEASE PRINT CLEARLY

Wrestler Name: \_\_\_\_\_ ( M / F ) Age \_\_\_\_\_ Yrs Experience: \_\_\_\_\_

Grade: \_\_\_\_\_ School Attending: \_\_\_\_\_ H.S. expected to attend: \_\_\_\_\_

Previous Years at State Placed ( 1, 2, 3, 4 ) What Age & Weight Class placed in: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Father: \_\_\_\_\_ Father Cell: \_\_\_\_\_

Mother: \_\_\_\_\_ Mother Cell: \_\_\_\_\_

Address: \_\_\_\_\_ Office: \_\_\_\_\_

Email Addresses: (primary) \_\_\_\_\_

(secondary) \_\_\_\_\_

**MUST  
HAVE**

### Emergency Contacts

Name (relation): \_\_\_\_\_ Phone: \_\_\_\_\_

Name (relation): \_\_\_\_\_ Phone: \_\_\_\_\_

Allergies: Please List & Explain reactions / side affects. Be sure to include past / immediate treatments.

Medical: (i.e. Asthma) \_\_\_\_\_

Foods: (i.e. snacks/drinks) \_\_\_\_\_

Team Shirt Size: yXS yS yM yL yXL aS aM aL aXL aXXL

(Please check your child's shirt size before selecting a size. Orders are final when turned in.)

(No Exchanges)

Name you want on back of your child's team T-shirt (ie: last name): \_\_\_\_\_

### Parent Signature & Date

All above areas must be complete.

#### **This section for Team Secretary Only**

Registration: Paid \_\_\_\_\_ Cash/Check \_\_\_\_\_

Website Release Signed \_\_\_\_\_ Birth Certificate Received: \_\_\_\_\_

Parent Info Sheet Signed \_\_\_\_\_

Singlet Size: 4xs 3xs 2xs XS S M L XL XXL XXXL (Coaches will decide)

Roster ( ), Financial ( ), Address List ( ), Copy of USA Card ( )

Invoice ( ), Email ( ), Team Manager List ( ), Payment Plan ( Yes / No )

# South Paulding Junior Spartan Wrestling Parent Contract

Dear Parents,

I want to thank you for allowing your child to become a part of South Paulding Youth Wrestling Program. We continued to move towards becoming one of Georgia's top youth wrestling programs last year. Through hard work and dedication from our wrestlers and our parents, we can see our goal (to be one of the best) become a reality. South Paulding has the right coaches to be a successful program at the high school level and can only become stronger by a feeder program that will push experienced wrestlers into the 9<sup>th</sup> grade. These wrestlers will have all the skills they need to excel in high school. Most of the best wrestlers in the state and the nation were in some sort of pre-high school training program. I, along with my coaching staff, look forward to being a part of your child's steps toward being a competitive wrestler.

**There are a few rules that we need to go over.**

- **ALL PRACTICES ARE CLOSED.** It is very difficult to coach a child that always wants to run over to talk to mom or dad. I need each child's 100% attention for their learning and for their safety. Not paying attention might get them injured. On occasion we will allow parents brief sessions to watch their son's progress. \_\_\_\_\_(Initial)
- **The 5-10 Yr olds will practice on Tue & Thu from 6:30 - 8:30...** Some experienced wrestlers will be asked to attend on Mondays as well. Practices will end at 8 for all 5 & 6 year olds. **Be at practice by 6:15 so we can start on time.** Be early for pick-up times please.
- **The 11 - 14 yr olds will practice Mon, Wed & Fri from 6:30 p.m. - 8:30 p.m.... Be at practice by 6:15 so we can start on time.** Please try to be there to pick-up the children by 8:00. Just as you, we coaches have children to help put to bed.
- **Absences.** Too many unexcused absences will result in being let go from the team. This is a team sport. Though the wrestlers compete individually, the team relies on their points to win. If they don't come to practice to learn or don't come to matches they can't win. We need them there as much as possible because each practice builds off the one before.
- **Attire.** All wrestlers are required to come to practice with wrestling shoes. No one is allowed to practice on the mats with tennis shoes. The head gear will help to protect the ears from physical damage. On Saturdays head gear are required, so get them use to wearing it.
- **Attitude.** All wrestlers that use foul language, disrupt practice by acting out or show continuous forms of misbehavior will be disciplined in the following way. The first few discipline problems will be handled in practice in forms of running, extra conditioning, etc. The next stage will be suspension from matches & tournaments. Parents will be made aware of any problems that might lead to this level of response. The final stage is dismissal from the team. We will have wide range of ages in the wrestling room together. All ages will be worked with accordingly, know that I expect the older children to set good examples for the younger. Parents, if you have a problem with one of our coaches please see Coach Byers first.
- **PARTICIPATION.** You are required to attend at least 3 events (week-end events) per month. Any child that does not (without prior notification to the head coach) will be placed on probation for the next month. If it happens again the next month, the wrestler will be released from the program. There is no other sport that allows you to pick and choose when you participate. We are no different! **Also...** every must attend the end of the season state qualifier (unless prior notification is given to the head coach) to be eligible to attend the banquet or receive a trophy. \_\_\_\_\_ (Initial).
- **Weight Ins.** All wrestles will be expected to make weight in the weight class they choose to wrestle in. Not making weight for matches will result in extra conditioning the next practice. Not making weight in a Tournament may result in suspension from the next scheduled match. The coaches will decide this together. We (parents & coaches) must be together on this to teach the boys how to discipline themselves early in their wrestling career so that they don't try to become last minute crashers to make weight. By maintaining the weight class they choose, even if having to go up classes during the season, they will train themselves to maintain weight properly for good health. I will not encourage wrestlers on a junior team to lose large amounts of weight.
- **(PARENTS) Matches/Tournaments.** During matches and tournaments, unless asked by a coach, parents & family are NOT allowed on or within the mat areas. This is not only our rules, but Team Georgia's rules also. Referee calls will not always go our way, but the coaches must be the ones to handle any conflict. Parents will be asked to move back to the stands a few times. Once I see this is going to be an issue then I will ask the parents or family member once more, the next step will be holding their child out from the next tournament or dismissal from the team. I realize other teams may not enforce this with their parents, but our team will be better than that. \_\_\_\_\_ (initial). Also, any wrestler that gets penalized for bad conduct during a tournament may be suspended from the next scheduled match or tournament depending on the reason. The coaches will decide together.
- **Most weekends the tournament registration fees are \$15 and are due by the Tuesday before.**
- **ALL WRESTLERS WILL BE REQUIRED TO WEAR THE SINGLET'S PROVIDED BY SOUTH PAULDING DURING ALL MATCHES. NO OUTSIDE SINGLET'S WILL BE ALLOWED AT ANY TIME. (S.B.) \_\_\_\_\_ (initial)**  
**I WANT OUR TEAM TO BE REPRESENTED BY OUR COLORS, OUR LOGO AND OUR PRIDE AT ALL TIMES.**
- **NO WRESTLER WILL BE ALLOWED TO COMPETE IF HE/SHE SHOWS UP TO A TOURNAMENT WITH INAPPROPRIATE CLOTHING , THEIR HAIR OR FACE PAINTED, or FLAGRANTLY DISPLAYS AN OVERALL DISRESPECT FOR THE TEAM, HOST SCHOOL OR OUR COACHES (S.B.). \_\_\_\_\_(Initial)**

**While some of these things are thought to be showing school spirit, they do not display the kind of humble, non-showy type of wrestlers that I wish to see from this team. I want our wrestlers to make their impact on the mat instead. Let's establish a new set of standards for sports through our kids. Let them know that being respectful, humble & having Integrity still mean something! We have enough show outs in the Pros.**

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**Parent Signature**

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**Date**



# South Paulding JR Spartan Wrestling

## Website Release Form

South Paulding Junior Wrestling will be posting photos, wrestler rosters, and wrestling stats on the South Paulding Junior Spartans Wrestling Club website. Please complete the following form and return it to with your registrations papers. This form grants South Paulding Junior Spartans permission to post your child's full name on the website as well as their photographs.

Please complete the following:

Child(ren) Name(s): \_\_\_\_\_

I give permission for my child (ren) to be included in the team picture to be posted on the South Paulding Junior Spartans Website.

I give permission for my child (ren)'s names (s) to be included on the South Paulding Junior Spartans Website.

I do NOT want my child (ren)'s name or picture to be included on the South Paulding Junior Spartans Website.

Parent/Guardian Signature:

\_\_\_\_\_

Printed Name:

\_\_\_\_\_

Date: \_\_\_\_\_

# 2011-2012 Team GA USA Wrestling

## Weight Classes, Age Groups, & Bout Times

2005 & Later	2003-2005	2001-2003	1999-2001	1997-1999
Time 1-1-1	Time 1-1-1	Time 1-1-1	Time 2-1-1	Time 2-1-1
6U	8U	10U	12U	14U
34	42	52	61	75
37	45	55	65	80
40	48	58	69	85
43	51	61	73	90
46	54	64	77	95
49	57	67	81	100
52	60	70	85	105
55	64	73	90	110
60	68	76	95	115
65	73	80	100	120
70	79	84	105	125
90	88	91	112	130
15 LB Max	100	100	120	135
	120	110	130	140
	140	120	140	150
	15 LB Max	135	150	160
		155	160	170
		175	180	190
		195	205	210
		20 LB Max	230	235
			20 LB Max	260
				285
				20 LB Max

Age cut off is the calendar year. 1-1 to 12-31

If you qualify for 2 age divisions you can wrestle either one.

**Fast T Shirts**  
**& SPORTING GOODS**  
SCREEN PRINTING & EMBROIDERY  
401 W. Bankhead Hwy  
Villa Rica, GA 30180  
678-840-8568

## EXCLUSIVE WRESTLING SHOES FOR SPARTAN WRESTLING



**Adidas Combat Jr. \$37.00** Youth sizes 10-6  
**Adidas Combat Speed \$40.00** Adult sizes 5-15



**Adidas Tyrint V \$54.00** Sizes 3-15



**Adidas Extero II \$50.00** Adult sizes 5-15  
and Youth sizes 10-6



**Adidas Vapor Speed II \$72.00** Sizes 5-15