

Weigh In Procedures

If a kid steps is .1 ounce over the registered weight, they may as well be 10 pounds over because they will not be allowed to wrestle and there is no changing of weight classes at the tournament.

There will be check scales at all tournaments. That scale will usually be the heaviest scale, so if you are good on the check scale, you are usually good on the official scale. If not, use the check scale to challenge the results of the official scales.

Official weigh-in procedure:

****Once entering the official weigh-in area the wrestler is not allowed to leave. So be sure to use the check scale to check your weight before entering the official area. You wrestler can still go try to lose necessary weight during the time allotted if he has not entered the official weigh in area.**

Only wrestlers will be allowed in official weigh-in area. No parents or coaches.

1. **MADE WEIGHT:** The wrestler will step on the first scale. If they are at or below registered weight they are checked off list as to having made weight. Make sure they write the weight on your child's hand or arm.

2. **DID NOT, BUT CHALLENGING:** If the wrestler is over registered weight they will be asked to step off of scale and then asked to step back on same scale. If they are then at or below registered weight they are check off list as to having made weight. If they are still over the registered weight class they are given the opportunity to step on a challenge scale. If they make weight on the challenge scale then they are checked off list as to having made weight. Make sure they write the weight on your child's hand or arm. If Not...

3. **LOST CHALLENGE:** Once the wrestler has used the challenge scale and has failed then they are scratched from the tournament. No weight losing activities are allowed in the weigh-in area, so again do not enter the official area if you did not make weight on the outside check scale. Please understand that there is no appeal for this. Wrestling is based on weight; if you don't make it you don't wrestle. We would not want our child wrestling someone that did not work as hard as our child to make the weight.